

Cultivating Awareness & Prevention™ of Sexual Violence

COLLEGE EDITION

Be Aware! Prevent Sexual Violence

Cultivating Awareness & Prevention™ of Sexual Violence – College Edition

is a one-hour course based on the Social Ecological Model of prevention. It encompasses Title IX and meets the requirements for Title IX Sexual Violence education.

LEARNING OUTCOMES

Through real-life scenarios and highly interactive content, students will learn:

- the difference between **healthy and unhealthy relationships**,
- how to promote **attitudes, beliefs, and values** that prevent sexual violence,
- three **intervention strategies**,
- how to apply **the FRIES method** for defining consent,
- how to **support a survivor** using the ACED method, and
- how to help make their campus a place where values around **anti-violence** are the social norm.

You can license and customize this course for your college or university. Contact us today for a free demo.

Course Overview

Module 1: Introduction

- Introduces the realities of sexual violence and the campus environment.
- Introduces key terms and concepts referenced throughout the course.

Module 2: Awareness

- Focuses on the Social Ecological Model, which considers the influence of individual, relationship, community, and societal factors on well-being and behavior.
- Provides ways to raise awareness for prevention in daily actions.
- Includes a review of Title IX policy and history.

Module 3: Health Relationships & Prevention

- Educates on the definition of consent and how it is given.
- Compares signs of healthy and unhealthy relationships.
- Provides intervention training and strategies for peers and bystanders.
- Includes in-depth scenarios covering stalking, relationship violence, and sexual assault.

Module 4: Campus Policies & Resources

- You can customize this module to include Title IX policies and resources specific to your campus or community.

Module 5: Response

- Presents ways to support a sexual violence survivor including specific actions and language to use.
- Illustrates how to identify signs or symptoms of someone who has experienced trauma.
- Includes scenarios that provide understanding on how to put learning into practice.

**Course includes Pre- and Post-Assessments,
a Final Quiz, and a Certificate of Completion.**

The content in this course was designed in collaboration with campus-based professionals who have served as victim advocates, prevention educators, conduct officers and gender-based violence professors and researchers. View a current list of contributors at our website.